

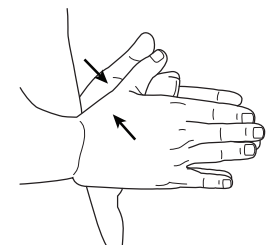
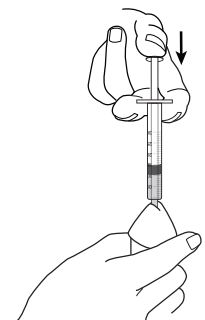
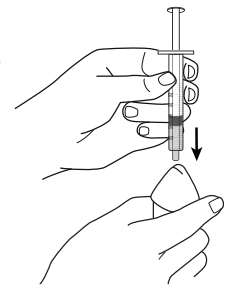
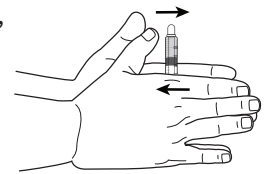
Intraurethral Gel for Creating Erections

What is it?

The intraurethral gel is medication in gel form that is used to create or enhance erections. The medication is administered through the urethral opening and delivered through the urethral passageway (the same place a urinary catheter would go). The gel is administered with a syringe. No needle is involved.

How to use:

1. Gather your supplies. You will need your syringe with the medicated gel inside, the HEC (hydroxyethylcellulose) lubricant gel, your log book, pen, and tissue.
2. If possible, choose a setting that is quiet and relaxed. Sit on a chair, near a clean counter top or desk.
3. Place all supplies on a clean plate and place the plate on a clean surface. Undress below the waist and get comfortable.
4. Take the syringe and hold it in your hands. Roll it back and forth between your hands for a couple of minutes to help mobilize the gel.
5. With the opening of the syringe pointing upwards, gently take off the cap and place it on the clean plate.
6. Dip the syringe tip into the HEC gel (usually comes in a separate container). Hold the penis at the skin surrounding the glans (head of the penis). Gently pull the foreskin back, if needed, to expose the glans. Gently stretch the penis forwards to straighten it and have the penis pointing up.
7. Guide the lubricated tip of the syringe to the urethral opening of the penis (the hole where urine comes out) and gently insert the tip about $\frac{1}{4}$ inch in.
8. Press the plunger of the syringe until you have delivered the prescribed dose into the penis. Keep the penis pointing upward, so that the gel will not seep out. Remove the syringe tip from the urethra and set it aside on the clean plate.
9. Remember, the syringe is multi-dose, meaning you can use it several times before discarding. Wipe away any excess gel and recap the syringe after use.
10. After you have administered the gel, gently massage the penis for 5 minutes to spread the medication while continuing to angle the penis upward. Start thinking sexual thoughts and have physical sexual stimulation. This increases blood flow to the penis and will give you a better erection. The medication should start working in 15–20 minutes.
11. Record the erectile response in your log book as needed.



Important: If you urinate right after putting in the medication, some of the medication may leak out. This may cause it to be less effective.

Are there side effects?

Potential Side Effects

- Pain in the penis, testicles, legs, and in the perineum (area between your penis and anus).
- Warmth or burning feeling in the urethra.
- Redness of the penis from increased blood flow.
- Minor bleeding from the urethra (if you hurt yourself putting in the gel).
- Prolonged erection (penis is firm for too long). Important: If your penis is firm for more than 3 hours, go to your local emergency department.
- Light-headedness or dizziness.
- Fast heart rate.
- Intraurethral gel cannot be used if there is a possibility that your partner is pregnant.

Potential Side Effects for Partners

- If you use the intraurethral gel and have vaginal intercourse, your partner may have mild vaginal itching or burning.
- If you use the intraurethral gel and have anal intercourse, your partner may have mild rectal irritation.
- Using lubricant can make sex more comfortable.

Please connect with your pharmacist to review other potential side effects.

How do I store the intraurethral gel?

Store the medication in a refrigerator.



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