

Community Counseling Support Network

Navigating the prostate cancer trajectory and the various side effects of the prostate cancer treatments can lead to challenges with communication which can affect the quality of the relationship, both sexually and emotionally. It is not always easy to talk about sex and relationships, even if you have been together for a long time. Counselors can help the communication process. Finding a counselor can take time and it is important both partners feel a positive therapeutic connection with the counselor.

Some resources to search for a counselor in your area and an area of specialty include:

- <https://www.psychologytoday.com/ca>
- www.counsellingbc.com

Vancouver Counselors

- Bianca Rucker: www.biancarucker.com
- Teesha Morgan (Kelowna or Skype) : www.teeshamorgan.com
- Dr. Jason Winters (Vancouver): www.drjasonwinters.com
- Dr. Petra Zebroff (Vancouver) : <http://artofconnection.org>

Squamish Counselor (for both individual and couples):

- Daniele Doucet at the Shanti Counselling Centre Inc.: www.shanti-centre.com

Vancouver Island Counselors

- www.matthewridleytherapy.com
- www.journeycounselling.com
- Shelley Gordon : <http://www.imagovictoria.com>
- Vanessa Bailey: <http://baileycounsellingtherapy.ca>

Cantonese Counselors:

- Gloria Pan: 604-727-8875 (No website or address)
- Bessie Wang : <https://www.nuwaycounselling.ca/>

Support Groups:

- www.prostatecancerbc.ca/home/support-groups/

List of sex therapists in BC:

- https://www.psychologytoday.com/ca/therapists/sex-therapy/british-columbia?sid=1536358777.4351_7349
- <https://counsellingbc.com/counsellors/approach/sex-therapy-248>

Duncan Sex therapist:

- Cheryl Fraser: <http://www.drcherylfraser.com/sex-therapist>
(Dr. Fraser does online couples courses too!)

Bodywork Practitioners and Intimacy Coaches:

- Elfi Shaw and Gary Dillon : www.heartcoretouch.com/category/articles
- Amy Color : www.intimatewithamy.com

